

# A co-operatively inquiry with and about older adults bereaved by suicide

Lisbeth Hybholt

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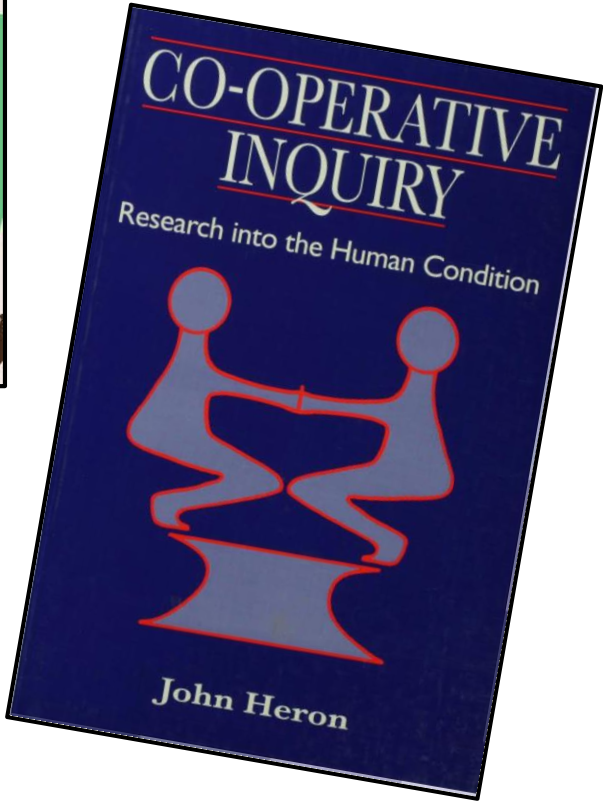
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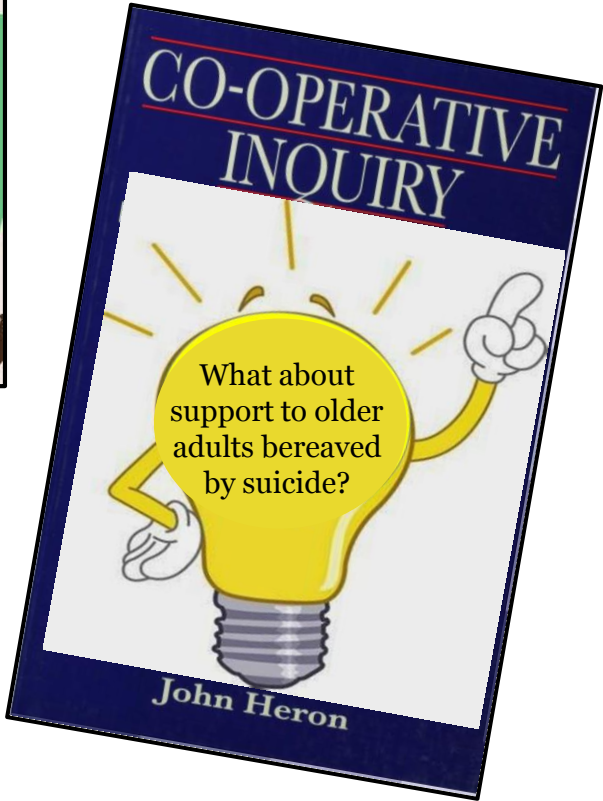
# Co-researcher: Presentation



# Joint venture and dialogue



# Joint venture and dialogue



# Joint venture and dialogue



## Steering committee:

Anette Erlangsen; Researcher

Elene Fleischer; Researcher and professional

Elin Kristensen; Lived experiences

Jenny Havn; Lived experiences, relative and professional

Jørn Toftegaard; Lived experiences

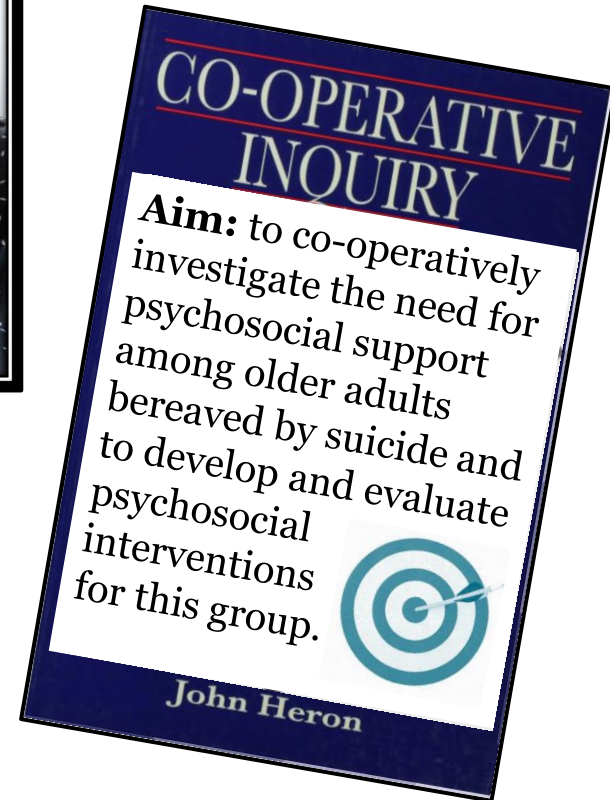
Knud Kristensen; Lived experiences (withdrawn)

Lene Lauge Berring; Researcher

Lisbeth Hybholt; Project investigator

Vibeke Toftegaard; Lived experiences

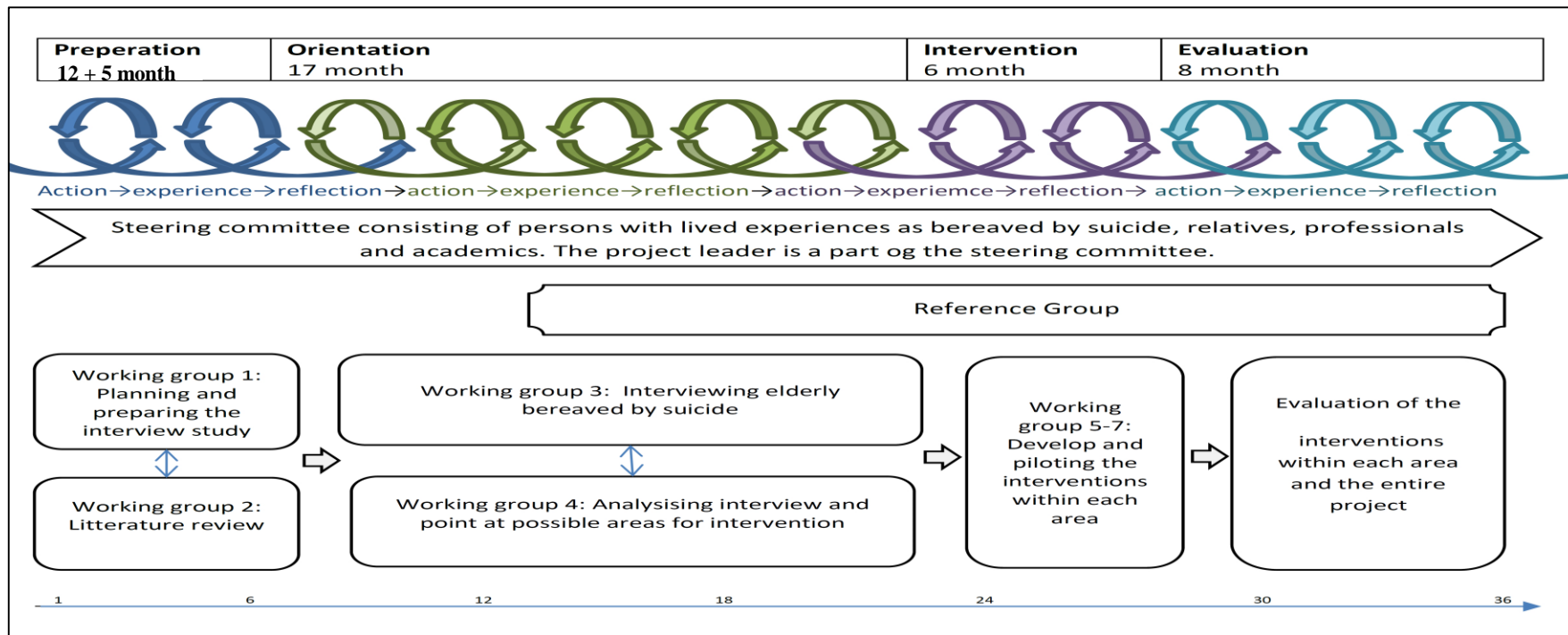
Niels Buus; Researcher



7 meetings during 12 months



# Research design



**Sub-study 1: Interview study investigation experiences and psychosocial needs among older adults bereaved by suicide**

**Sub-study 2: develop, piloting and evaluate selected interventions**

**Sub-study 3: investigating collaborative processes in the first part of the preparation phase**

# A collaborative interview study

## Background:

- Experiences



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### Issues in Mental Health Nursing

**Psychosocial Rehabilitation of Elderly Persons Bereaved by Suicide: A Co-operative Inquiry Study Protocol**

Lisbeth Hybholt, Niels Buus, Annette Erlangsen, Elene Fleischer, Jenny Havn, Elin Kristensen, Knud Kristensen, Jørn Toftegaard, Vibeke Toftegaard & Lene Lauge Berring



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KNUD KRISTENSEN, JØRN TOFTEGAARD, VIBEKE TOFTEGAARD, LENE LAUGE BERRING



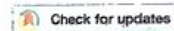


# A collaborative interview study

## Background:

- Experiences
- Serious psychosocial consequences (Maple, et al. 2017; A. Pitman, et al 2014)
- Lack of research on older adults bereaved by suicide

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## Older Adults Bereaved by Suicide: A Systematic Literature Search Identifying Zero Studies

Lisbeth Hybholt , Niels Buus , Annette Erlangsen ,  
and Lene Lauge Berring 

# A collaborative interview study

## Background:

- Experiences
- Serious psychosocial consequences (Maple, et al. 2017; A. Pitman, et al 2014)
- Lack of research on older adults bereaved by suicide

## Aim:

- Experiences and everyday life after the loss of a beloved
- To identify psychosocial needs

## Methods:

- Co-operative inquiry (Heron, 1996)
- Qualitative semi-structured interview study (Kvale, 2009; Coffey, A. & Atkinson, P. 1996)

## Data:

- 15 interviews with 20 interviewees
- Lost a loved one to suicide at age 61 – 79 years



# Peers as interviewers



Interview exercise with an actor (Jan Foss) and a supervisor (Elene Fleischer)

# Co-researcher: Interviewing



# Co-operative thematical analysis

1) Working group for analysis with 4 pairs



2) Reference group meeting



3) Analysis in the working group



Each interview:

- 1) Holistic reading
- 2) Coding
- 3) Categories

Analysis across all interviews:

- Input from the reference group (relevant professionals, bereaved by suicide and researchers)
- Themes

## Co-researcher: to analyze



# Findings:

## Older adults may need:

- Professional partners who know what they are doing and can assist
- Sympathetic lay people in their social network
- General knowledge about deaths by suicide
- Knowledge about possible reactions, feelings and responses
- To deal with their new life conditions
- To meet other people bereaved by suicide

## For co-researchers collaborative research is:

- Time consuming
- Demanding
- May contribute to recovery

Report describing the  
processes and findings  
available in Danish

### Midtvejsrapport "Psykosocial rehabilitering af efterladte, der har mistet til selvmord i en alder af $\geq 60$ år"

Rapport udarbejdet af: Lisbeth Hybholt, Niels Buus, Annette Erlangsen, Elene Fleischer, Jenny Havn, Elin Kristensen, Jørn Toftegaard, Vibeke Toftegaard og Lene Lauge Berring.

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