



Mental Health on the islands – the experience of MSF

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ATHENS & WIDER REGION

- Day Care Centre
- Victoria Square Urban Centre
- Clinic for Victims of Torture
- Elliniko; Lavrio; Malakasa; Rafina; Ritsona; Thermopyles

THESSALONIKI & WIDER REGION

- Derveni, Frakapor, Kalochori, Kavalari, Softex

IOANNINA & WIDER REGION

- Doliana, Konitsa, Filippiada

AEGEAN ISLANDS

- LESVOS
- SAMOS
- Chios



MSF in Greece 2017 Activity Report



Medical care consultations

11,990



Social worker consultations

2,620



Mental healthcare consultations

12,670



People accommodated in shelter

532

GREECE

Confronting the mental health emergency on Samos and Lesbos

Why the containment of asylum seekers on the Greek islands must end

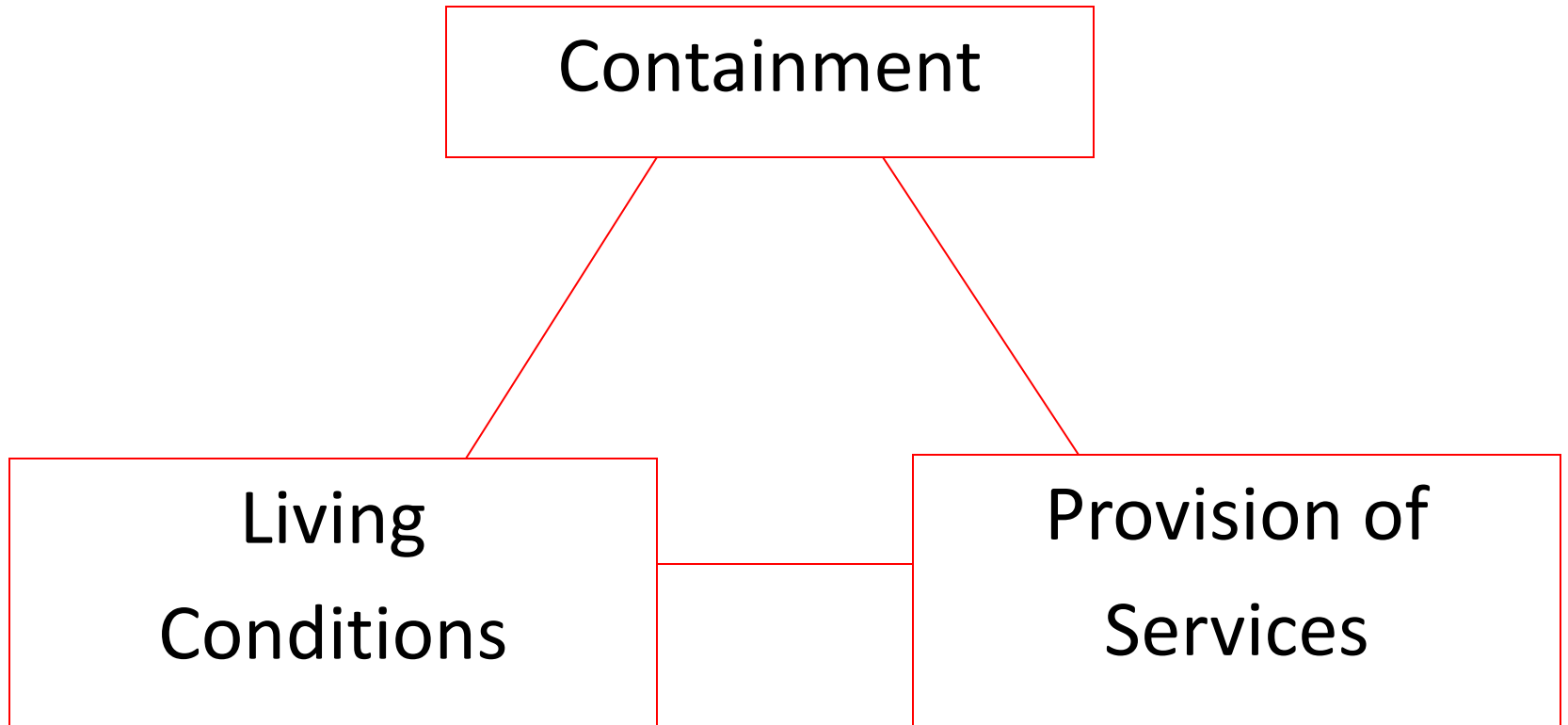


Demand for MSF MH services Lesbos

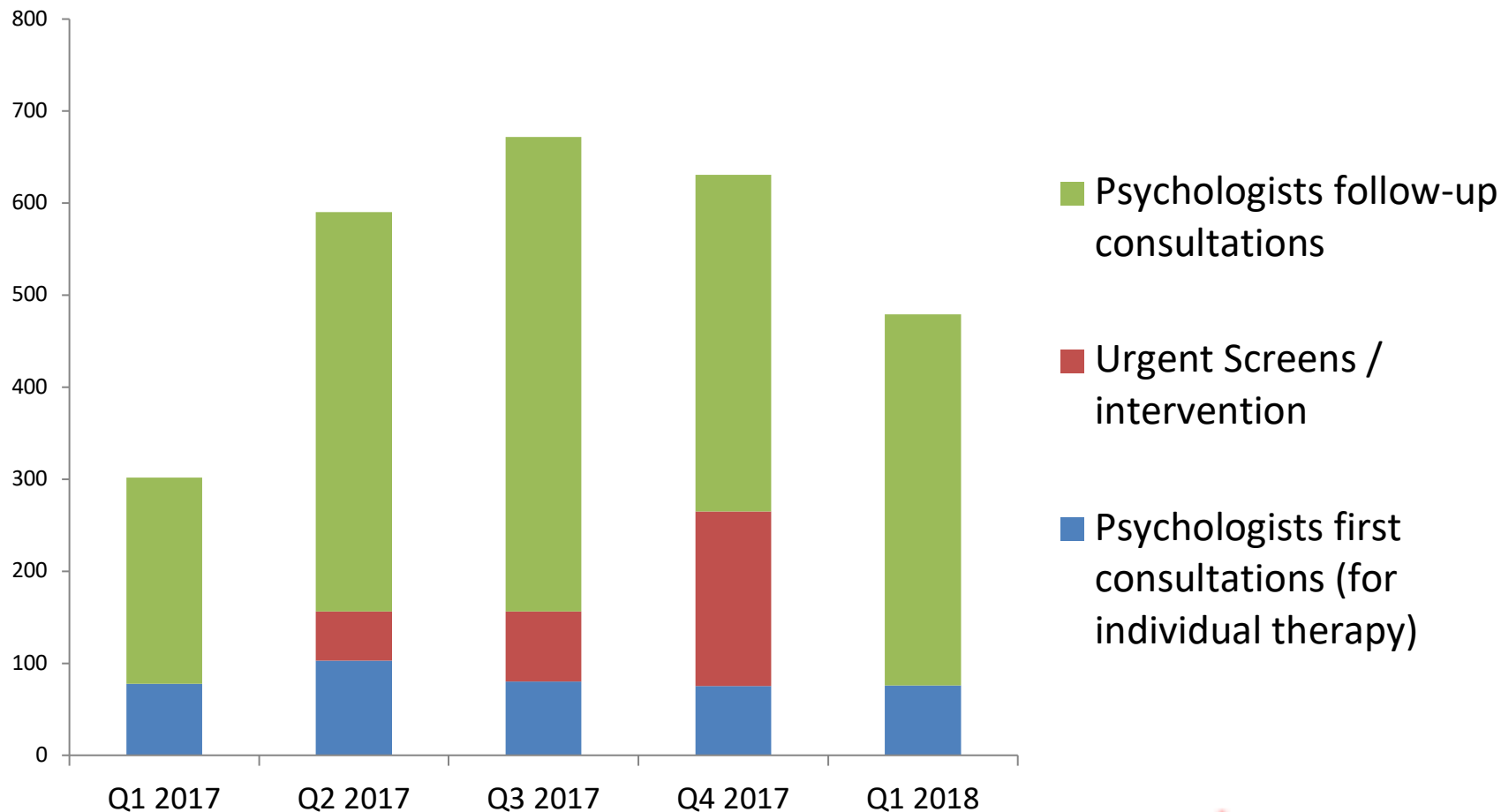
Close waiting list & building from Dec. 2017
 - March 2018 due to
 - overwhelming demand

	Q1 2017	Q2 2017	Q3 2017	Q4 2017	Q1 2018
Referrals to MSF (put on waiting list)	56	135	146	488	0
screening of urgent cases	0	53	76	190	60
Psychologist					
Waiting list	closed	open	closed	open	Building closed
					open

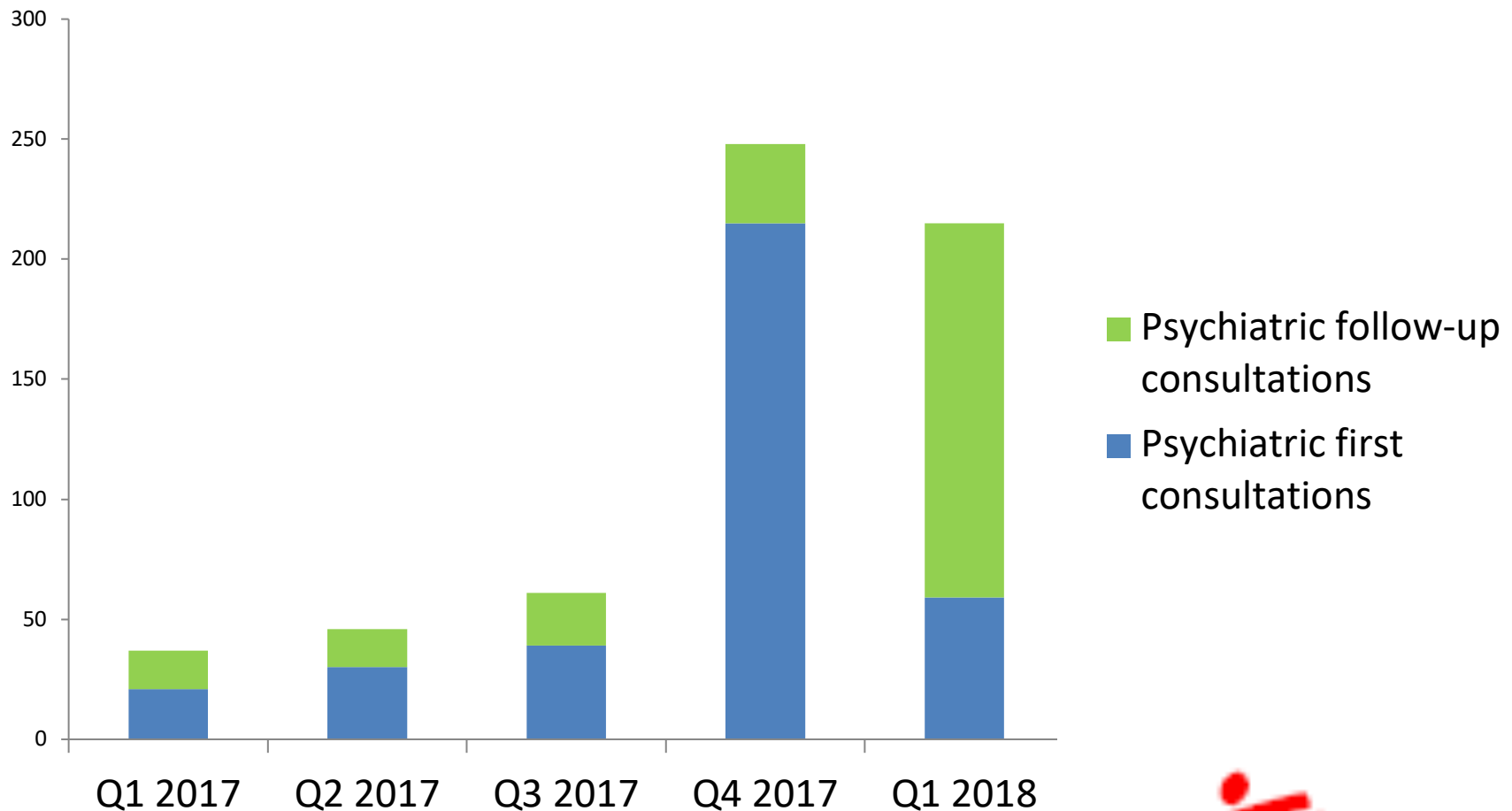
Why this increase?



MSF MH (psychologists) activity Lesbos 2017 - 2018



MSF Psychiatric activity Lesbos 2017 - 2018



In Summary



- Population who have experienced high levels of violence & trauma pre-arrival
- Reception conditions are traumatising
- Very damaging social determinants of mental health
- Creating increased MH needs
- Reduction in services to meet these needs

Point for reflection...

What can we as a community of medical & mental health actors do to stand against these policies that are creating such mental & emotional suffering, and ensure that this suffering is not used as a tool of deterrence?