

# Patient/clinical pathways

with particular focus on mental health and substance abuse

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# Ambitions

- Good information, shared decisions and increased patient satisfaction
- Improved (seamless?) collaboration between general practitioners, hospitals and municipalities – and within the specialist health care system
- Patients should experience predictability and safety. Avoid unnecessary waiting for assessment, treatment and support
- Equal health services for all patients
- Improved somatic health care and healthy habits/lifestyle

# Norwegian patient pathways



Patient as  
a partner

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Cancer

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Mental health  
and substance  
abuse

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Stroke

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«hospital to  
home»

# Mental health and substance abuse pathways

## General

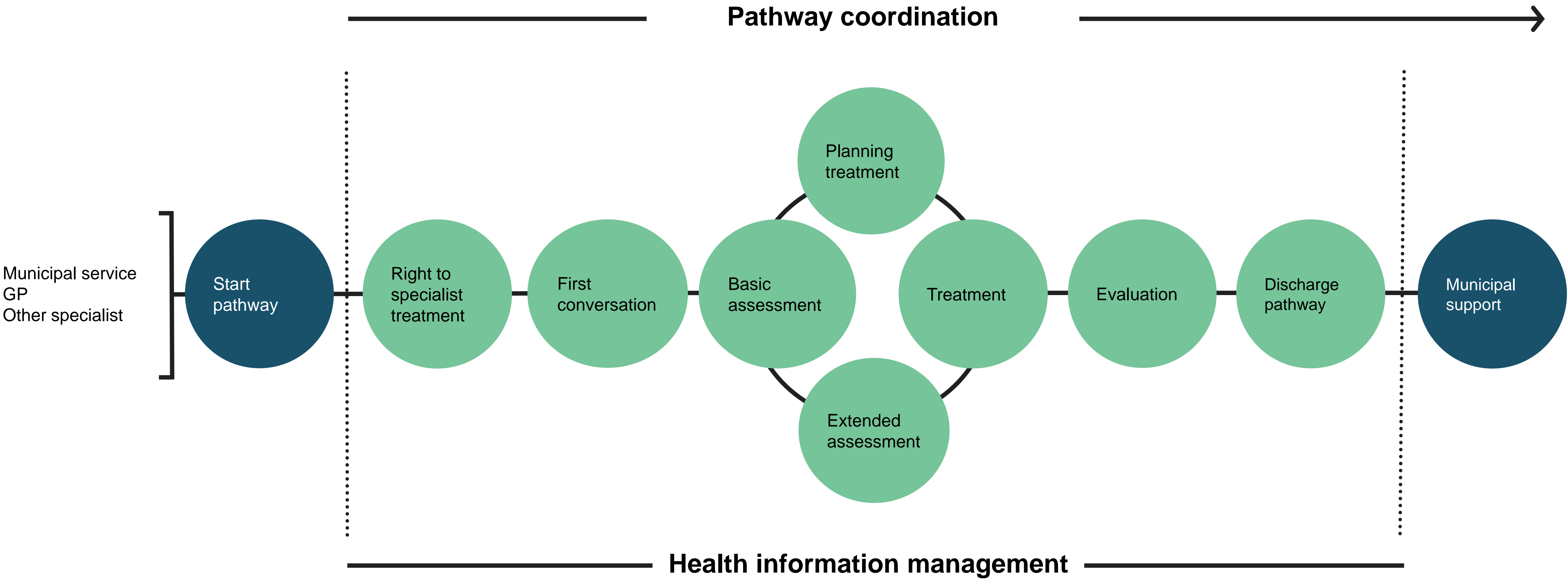
- Mental health - adults
- Mental health – children and youth
- Substance abuse in specialist health care

## Diagnosis-specific

- Psychotic disorders
- Eating disorder – children and youth
- Obsessive-compulsive disorder (OCD)

## Work in progress

- Pregnancy and substance abuse
- Coordination with child protection
- Non-lethal overdose
- Families and substance abuse
- Eating disorder >23 yrs
- Forced mental health care







**Helsedirektoratet**

Norwegian Directorate of Health