

EDUCATION INTERVENTION AS A PART OF MENTAL HEALTH USERS' REHABILITATION

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Background

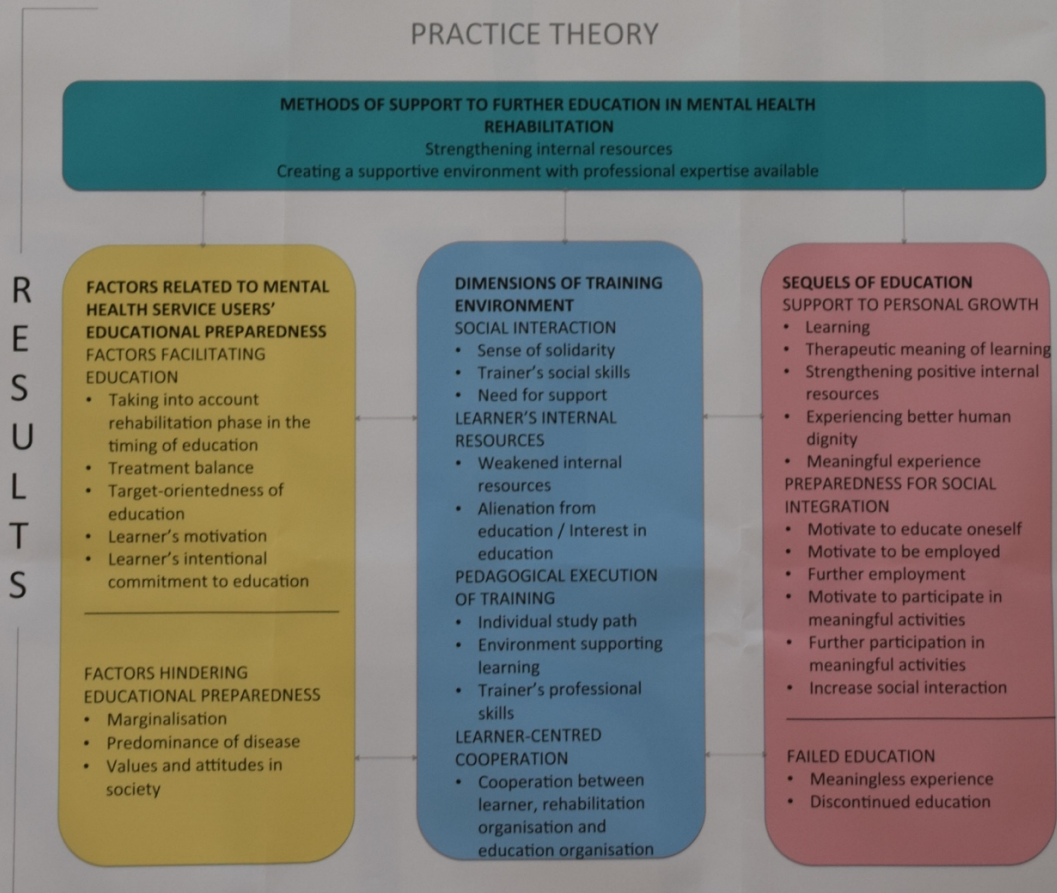
Education promotes mental health service users' (MHSUs) rehabilitation and integration to society. However, due to their mental illness, MHSUs often face difficulties on all levels of education. More knowledge is needed of how MHSUs can be supported to succeed in their education.

Aim

To develop a practice theory, which describes MHSUs' and the mental health professionals' experiences of the MHSUs' participation in an education intervention.

Methods

The education intervention was developed in an international EMILIA-project (Empowerment of Mental Illness Service Users: Lifelong Learning, Integration and Action) funded by the European Union. After completing the project the intervention was published on a website. MHSUs' (n=47) and the mental health professionals' (n=59) from nine European countries participated in this study. Individual interviews, observations and focus group interviews were used to collect the data, which then was analyzed by inductive content analysis and meta-synthesis.



Conclusions

An education intervention is a usable tool in MHSUs' rehabilitation, provided that the multidimensional nature of the education will be taken into consideration during the education process.