

National pathways: the story so far

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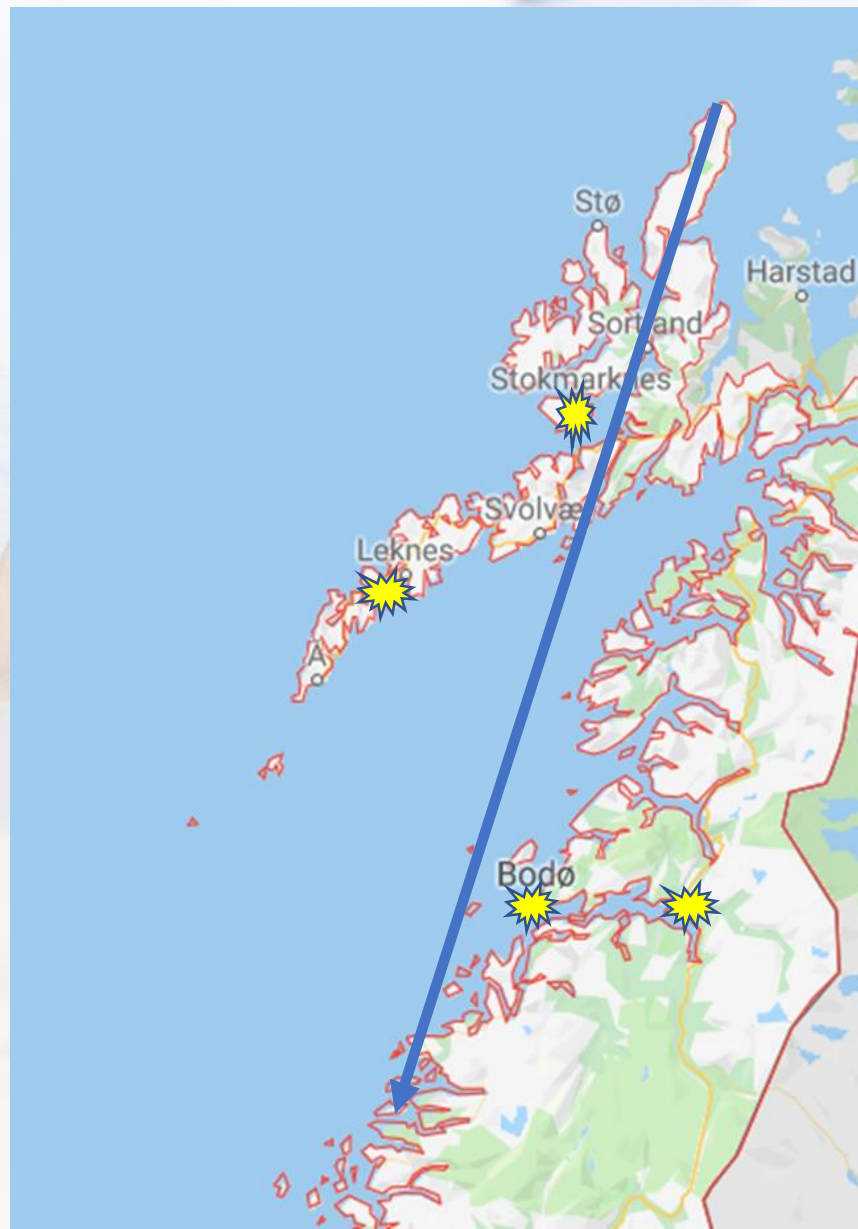
Clinical pathways for mental health and substance abuse – Why?

- Clinical studies
- Patient feedback
- Regional differences
- Little control – individual therapeutic freedom
- Decrease in life expectancies



Nordlandssykehuset – Mental Health care

- Primary population: 138 000
- Locations: Bodø, Fauske, Vesterålen and Lofoten



Distance from Andenes to Halså is 524 km, 8h 30 m to drive.

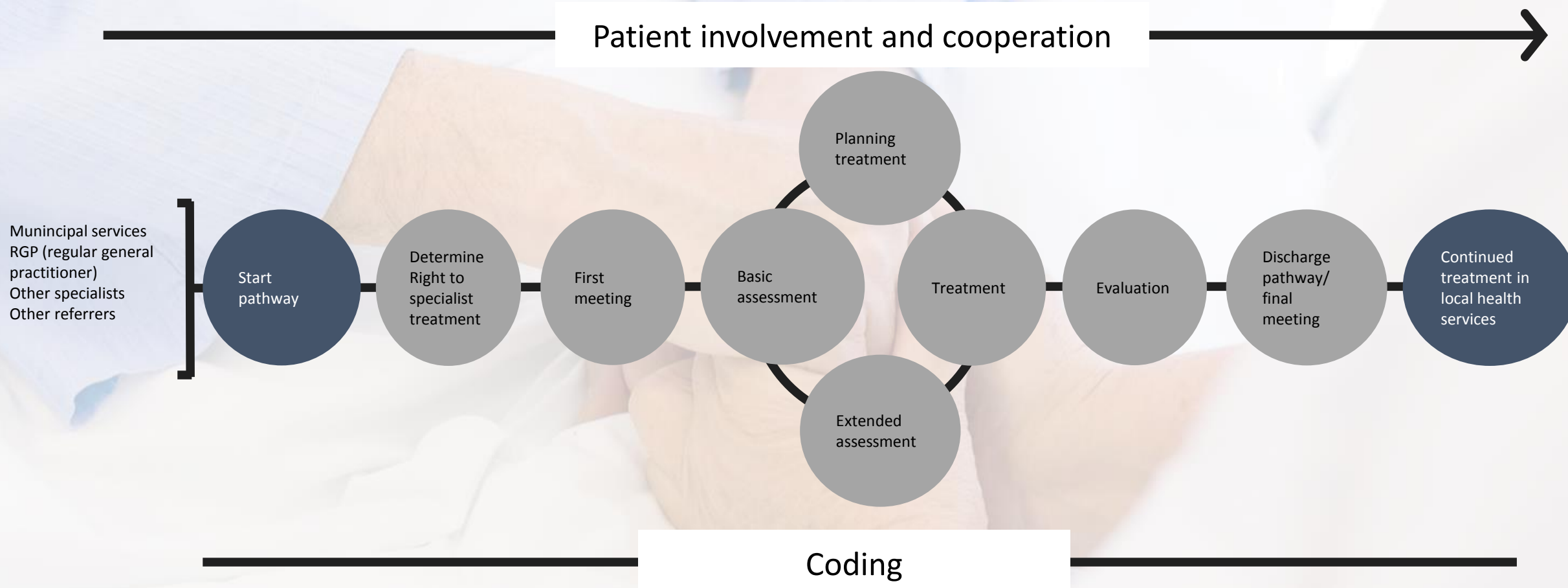
Total of 21 municipalities
Range from Bodø with ca 52000 to Røst with ca 500 inhabitants.

Main goals

- Increase patients involvement and satisfaction
- Establish predictable, continuous and coordinated pathways
- Avoid unnecessary waiting time
- Provide equal care for patients and relatives regardless of where in Norway they live
- Better care for somatic health and good living habits



Clinical pathways for mental health and substance abuse



Status today

- Faster decisions
 - Examination plan, Diagnosis, Treatment plan, evaluations
- Better information to patients, relatives og local health services (RGP)
- Better work flow
- Detected challenges
- Startet coding pathways



Whats next?

- Available examination and treatments—
 - Organizing and regional profile
- Further implement and standardize minimum requirements for the health care
- Cooperation within NLSH
- Collaborators
- Recruit and retain key personnel