# **TRU Project**

## 2015-2017

## Accessible Dependent Treatment for Adolescents

### Goals for the project

#### To give adolescents with needs for:

- Necessary and current help to complete their education and work
- ✓ Necessary assessment and treatment
- ✓ Real involvement

### **Dialogue Café at School**

### **Target Group**

#### Adolescents who:

- ✓ Have abuse problems
- ✓ Have mental health issues
- ✓ Too much data gaming
- ✓ Social problems
- ✓ Crimo





Stimulate thoughts, reflections and views about the things adolescents wonder about

#### ✓ In collaboration with adolescents

**Collaboration with others** 





## Gaming as an adolescent culture & a virtual social phenomenon or gaming as a problem

- Preoccupied with data games
- Use too much time playing
- Avoid thinking about other things
- Can not stop
- Withdrawal symptoms
- Conflict with others (parents, friends)
- Avoid doing other things (eg school, work, homework, sports, hobbies) so they can play?

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