

Module 2: Child development and consequences of maltreatment

Learning Objectives

Knowledge based:

- Developmental (intellectual, emotional, psychological, physical) milestones/ sensitive periods for each period in childhood;
- Understanding of impact of violence, including bullying and neglect (inc. child to child bullying);
- Understandings/basic overview of theories of infant and child development (intellectual, emotional, physical, psychological) covering children of different ages;
- Understanding of how different types of maltreatment can arrest/influence development and understanding different types of maltreatment in different periods of development;
- Understanding of whether there are more or less critical /sensitive periods /other heterogeneities.

Experiential Knowledge based:

- group discussion will scaffold learning; through sharing experience, reflection, and theoretical application to own practice.

Materials

1. PowerPoint presentation; access to internet based videos and resources.
2. Animated videos at end of PowerPoint module.

Individual learning

Suggested individual learning activities prior Day 1

We appreciate that different professionals will have varying degrees of education regarding child development. Facilitators should contact you in advance to ascertain your learning needs and tailor the session in response. This will need to be according to one's needs. There will be variability in cohorts – however whether similar or variable in professional

background there will be a range of experience within the group from which members can learn.

As an introduction to the development theory in this module we would recommend that you watch these animated videos. These will give you a brief overview of the developmental stages of children from infant into early adulthood in preparation for more detailed information in the facilitated session.

When you are watching these videos think about how child maltreatment impacts these stages of development across each of the domains (Physical, Cognitive, Social and Emotional)

Videos are available in files section on teams or on the following links:

Animation 1 Video on physical and motor development (1:13 min)

<https://youtu.be/R2MMFw17IJA>

Animation 2 Video on Piaget's cognitive development theory (1:06 min)

<https://youtu.be/v2YLv5cNDWI>

Animation 3 Video on Erikson's Psycho-social development (1:35 min)

<https://youtu.be/A09saZWK4wk>

Further optional pre-session preparation (20-40 minutes):

Foundation information regarding attachment and attachment styles. Two short videos and summary information about attachment styles. When you are looking at this material make a few notes about how it relates to your practice/personal experience.

The strange situation – early study <https://bit.ly/3hK8p7w>

Secure attachment theory video: <https://bit.ly/3b9HWOH>

Attachement styles: <https://www.simplypsychology.org/attachment-styles.html#infant>

Helpful resources and information regarding nutrition/sleep/exercise:

<https://www.nhs.uk/change4life>

<https://www.hdft.nhs.uk/services/childrens-services/growing-healthy-north-yorkshire/sleep-guide-for-parents-of-5-11-year-olds/>

If you have no opportunity to watch the videos you can think about the age of children you work with and their developmental stage. Try to answer these questions: *What is natural at this stage? What is specific? How might the experience of maltreatment impact the child developmental process?*

If you work in a group you could discuss and answer these questions together.