

**Empowering Mental Health Service Users:  
Lifelong learning, Integration and Empowerment  
ENTER MENTAL HEALTH WEBINAR (ZOOM)**



**March 18, 2021 THURSDAY**

**3 PM - 5 PM (CET)**

REGISTER : [https://tcd-  
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WEBSITE : [https://www.entermentalhealth.net/webinar-2021-2-  
empowering-service-u](https://www.entermentalhealth.net/webinar-2021-2-empowering-service-u)

## ***ENTER MENTAL HEALTH WEBINAR 2021: 2***

### **Empowering Mental Health Service Users:**

### **Lifelong learning, Integration and Empowerment**

The European Network for Training Evaluation and Research in Mental Health (EMH) welcomes you to join the second webinar of 2021 on April 15 2021 Thursday - 3 pm. Till 5 pm. CET

Join this discussion as speakers representing various Mental Health perspectives reflect and share their ideas on... alongside health professionals and users.

#### **Title:**

**April, 15 2021 Thursday - 3 pm. Till 5 pm. CET**

**(Zoom Webinar)**

Register here: [Register](#)

#### **TECHNICAL AND ORGANISATIONAL SUPPORTERS:**

**Mark Monahan:** Trinity College, Dublin, Ireland

#### **WEBINAR FORMAT**

This webinar will include short presentations by the speakers (max) 20mn), followed by an interactive discussion and an open question and answer session led by the moderator. All participants must register for the webinar in order to receive the zoom link.

## “The Emilia project: Impact 10 years on.”

Prof Peter Ryan

The EMILIA project (2005-2010) was at the time one of the largest research and development projects funded by the EU. There were 17 different partners. Essential to the rationale of the project was that mental health service users should be respected as an equal partner and collaborator with their local mental health service and should be treated consistently with dignity and respect. ENTER Mental Health provided the key platform for the delivery of the EMILIA project, through which a number of innovative training programmes such as empowerment in mental health services, the development of personal strengths, were delivered on a pan-European basis. Service user trainers were a vital component in the process. The research outcomes were indicative of positive results. Reviewing the impact of this initiative 10 years on is an exciting opportunity.

Peter Ryan graduated with an upper second degree in Psychology from Reading University in 1967, and then gained several postgraduate awards, including a professional qualification in Social Work, and a Doctorate. He was professor of Mental Health at Middlesex University from 1993-2016. He was a founder member of ENTER Mental Health and was chair of ENTER for five years. He was highly successful in achieving European funding for a number of European projects including the EMILIA and PROMISE projects.

## "Emilia Project in Barcelona: past, present and future"

Paz Flores, Silvia Rosado and Albert Piquer

Paz Flores, is a Psychiatrist and Family Therapist, supervisor and Family Therapy trainer. She is a member of Societat Catalana de Teràpia Familiar and Associació Espanyola de Neuropsiquiatria. She is also a founder member of the Emilia Association for service users, families and professionals. She has worked in Public Health hospitals and in the Institut Genus.

Silvia Rosado, is Mental Health Nurse Specialist working in the Hospital del Mar in Barcelona. She is also teacher in Nurses College and researcher for IMIM.

Albert Piquer, Mental Health Service User and President of the Board of Emilia Association in Barcelona.

## "Epapsy's current position on user empowerment"

Apostolopoulou Antigoni, Sotiris Kotsanis, Fotis Vassilopoulos

Apostolopoulou Antigoni, Counselling Psychologist, MSc., PhD-c, Department of Psychology, National and Kapodistrian University of Athens, now working in the Association for Regional Development and Mental Health (EPAPSY).

Sotiris Kotsanis, is a mental health service user.

Fotis Vassilopoulos, is a psychologist in Epapsy's Day Center.

## The EMILIA project's sustainability in a Warsaw demonstration site.

Martha Anczewska, Piotr Świtaj

Prof Martha Anczewska, MD, PhD. is head of the First Psychiatric Department, Institute of Psychiatry and Neurology, Warsaw, Poland. She obtained her qualification of Senior Grade Psychiatrist at the Warsaw Municipal Mental Health Hospital. She concluded her dissertation titled: The frequency of negative symptoms and their prognostic value in schizophrenic psychoses in the Institute of Psychiatry and Neurology. Her habilitation (postdoctoral degree) focused on stress and burnout syndrome among psychiatric services workforces.

In the years 2008 – 2013 she worked as a professor at The Maria Grzegorzewska University in Warsaw, at the Institute of Applied Psychology. Marta Anczewska has been Local Coordinator in several projects within the 5th, 6th and 7th Framework Programmes of the European Union. In 2019, she was awarded the Professor title by the President of the Republic of Poland.

Piotr Świtaj, MD, PhD, is a psychiatrist and Head of the First Department of Psychiatry and Deputy Medical Director of the Institute of Psychiatry and Neurology in Warsaw, Poland. His main research interests focus on mental health stigma and discrimination, social isolation and loneliness, and personal recovery from mental illness.c