



ENTER Mental Health 25th Annual Conference Programme

In association with: School of Nursing and Midwifery, Trinity College Dublin.

Trauma, the workforce and the workplace: Implementing trauma informed approaches in mental health care.

19th June 2025

Venue: The School of Nursing and Midwifery, Trinity College Dublin, 24 D'Olier Street, Dublin.

Time	Venue	Event
08.30-14.00	Foyer	Registration
09.00-09.30	0.32	Conference opening: Minister Mary Butler, Minister for Mental Health; Dr Emmanuelle Jouet, Chair ENTER Mental Health; Professor Damien Brennan, Head of the School of Nursing and Midwifery, TCD.

Keynote session		
09.30-11.00	Venue	Moderator: Dr Emmanuelle Jouet, Chair ENTER Mental Health
09.30-10.00	0.32	Keynote 1: Prof Lene Lauge Bering (University of Southern Denmark): <i>Placing trauma in the mental health workforce in place</i>
10.00-10.30		Keynote 2: Dr Sharon Lambert (UCC): <i>Building a trauma-informed workforce: policies, practices, and support systems.</i>
10.30-10.45		Questions

10.45- 11.05	Foyer	Coffee break
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Parallel Sessions			
Time	Session I (Room 0.32): Prevention and resilience: Supporting recovery and resilience Moderator:	Session II (Room 0.54): Understanding trauma, the workforce and its environment Moderator:	Workshop (Room 1.10)
11.05-11.25	<i>Building Resilience to Vicarious Trauma: An Evidence-Based Plan for Trauma-Informed Healthcare.</i> Nicki Annunzinta (Ireland).	<i>Trauma in a Healthcare Setting: recognition and resolutions.</i> Noelle O' Keeffe (Ireland)	<p>Workshop 1: Revisiting Traumatic Stress and the Roots of Wellbeing: Shifting Mindsets to Maximize Health Span Across the Lifespan.</p> <p>Facilitator: Dr Alison B. Arnold/Central Michigan University, USA.</p> <p>Workshop 2: Who says what is good? A trauma informed practice review process that puts service users in control.</p> <p>Facilitator: Sinead Roe/Quality Matters (Ire).</p>
11.25-11.45	<i>Healing and Trauma – Women's perspectives on the therapeutic relationship during CBT. A systematic review of qualitative evidence.</i> Silvia Ferreira (Ireland)	<i>Service providers' experiences with Supported Housing for Persons with Co-Occurring Problems and Trauma.</i> Sorsa, Minna, Hammervold, Unn, Sagvaag, Hildegunn (Finland).	
11.45-12.05	<i>Service Provider Perspectives on Shame and Recovery in Adult Survivors of Child Sexual Abuse and Female Genital Mutilation in Ireland: Qualitative Findings.</i> Dr Shaakya Anand-Vembar (Ireland)	<i>When values, practice, trauma and supervision connect. Orienting modes of addiction support work to trauma therapy expertise in a clinical supervision setting.</i> Vivienne Murtagh, Richard Carson (Ireland)	
12.05-12.25	<i>Trauma intervention integrating EMDR and psychiatric rehabilitation techniques.</i> Tamara Bisan, Antonello Grossi, Maria Maddalena Martucci (Italy).	<i>Defining Trauma: a neuroscience perspective.</i> Jan De Vries (Ireland)	
12.25-12.45	<i>How do people most affected by trauma inform healthier communities and stronger societies.</i> Andy O Hara (Ireland)	<i>The Compounding Effects of Trauma in High Intensity Professions-The Case of Daniel.</i> Alexandria M. Dancey (Ireland)	

12.45 – 13.30	Foyer	Lunch break
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Keynote Session		
Time	Venue	Moderator: Dr Mark Monahan, Vice Chair for Communications, ENTER Mental Health
13.30-14.00	0.32	Keynote 3: Ms Ciara Glynn (Mental Health Reform): <i>Peer Workers in the System – a progressive step forward or an unforeseen return to harm?</i>
14.00-14.30		Keynote 4: Prof. Adam Meiselman (Lesley University, Massachusetts, Online): <i>Vicarious Trauma: Impacting the workforce and our clients.</i>
14.30-14.45		Questions

Parallel Sessions			
Time	Session III (Room 0.32): Trauma and organisational change Moderator:	Session IV (Room 0.54): Prevention and resilience: Supporting recovery and resilience Moderator:	Workshops (Room 1.10)
14.50-15.10	<i>To exacerbate or soothe trauma in the workplace, that is the question?</i> Jane Mulcahy, PhD (Ireland)	<i>Social emotional wellbeing to support sense-based emotional regulation of First Nations young people.</i> Katrina Ward (Australia).	<p>Workshop 1: Revisiting Traumatic Stress and the Roots of Wellbeing: Shifting Mindsets to Maximize Health Span Across the Lifespan.</p> <p>Facilitator: Dr Alison B. Arnold/Central Michigan University, USA.</p> <p>Workshop 2: Who says what is good? A trauma informed practice review process that puts service users in control.</p> <p>Facilitator: Sinead Roe/Quality Matters (Ire).</p>
15.10-15.30	<i>To What Extent are Child and Adolescent Mental Health Services (CAMHS) Engaged in Trauma Informed Practice: An Irish Study</i> Dr Sinead Heffernan, Prof Leahy Warren, Prof Jonathan Drennan, Dr Caroline Dalton O' Connor (Ireland)	<i>'Mental Health Experiences and Help-Seeking Behaviour of South Asian Migrant Women Working in Ireland: A Qualitative Study.</i> Mrs. Rincy Rajan, Dr. Zubair Kabir, Dr. Felicity Daly, Dr. Maria Isabella Troya (Ireland).	
15.30-15.50	<i>An Exploration of Mental Health Practitioners' Experiences in Implementing Trauma Informed Care.</i> David Coss, Dr Mark Monahan (Ireland)	<i>Education of professionals working with refugees and war migrants as a vicarious trauma and compassion fatigue prevention.</i> Dr Lidia Zabłocka-Żytka (Poland).	
15.50-16.10	<i>Enhancing Professional Support for Suicide-Bereaved Individuals Through a Co-Created Digital Solution.</i> Lisbeth Hybolt (Denmark)	<i>Developing Trauma-informed Mental Health Services for Displaced Populations: Lessons learned from Irelands first ANP in Refugee Mental Health.</i> Michael Gibbons (Ireland)	
11.10-16.30	<i>Examining Barriers to Implementation of Trauma-Informed Care in Mental Health Inpatient Settings.</i> Mathew Kelly (Ireland)	<i>'Pause and Reflect', a guided restorative reflective resource for public health nursing teams in schools: a resource development and evaluation study.</i> Sarah Bekaert, Tikki Harrold, Pernilla Garmy, Georgia Cook (UK)	

Keynote Session		
Time	Venue	Moderator:
16.35-17.05	0.32	Keynote 5: Prof. Agnes Higgins (TCD): <i>Making future practitioners more trauma informed. What about epistemic injustice?</i>
17.05-17.30		Questions, Reflection and Closing

Poster presentations (13)	
Venue	
External: Room 1.10	<i>LGBTQ+ Inclusive Care: Beyond the Trauma Approach.</i> Mojca Urek (Slovenia), Anže Jurček.
	<i>Translational Simulation for Trauma-Informed Care (TS4TIC): A Novel Healthcare Simulation Approach to Implementing Trauma-Informed Care.</i> Mel Ó Súird, Sinéad McGarry, Marie E. Ward, Meg Ryan, Sharon Lambert, Thomas Collins, Caroline Gardner, Eileen Sweeney, Austin O'Carroll, Ronan Kelly, Muireann Murphy, Aliza Ali, Rebecca Murphy, Paul McLoughlin, Joanne Dowds, Aoife Dermody, Dermot King, Gerry McCarthy, Paula Quirke, Darragh Shields, Una Geary, Paul Merrigan, Ann-Marie Lawlee, Alan Buckley, Sharon Slattery, Sharon O'Hara, Maria Lotty, Cliona Ní Cheallaigh, Frédérique Vallières (Ireland).
	<i>Trauma-Informed Care in the Mid-West Mental Health Services: Insights from a Staff Survey.</i> Dr. Nodlaig Moore, Dr. Louise Murphy, Dr. Teresa Tuohy, Dr. Owen Doody, Mr. James Harrington, Ms. Ann Hammersley (Ireland).
	<i>Mental Health Professionals' Attitudes and Perceptions of Trauma-Informed Care in Ireland: An Exploratory Study.</i> Catherine O'Sullivan, Dr Jason Chan, Dr Sharon Lambert (Ireland).
	<i>Trauma Prevention and Resilience Building in the Workplace: The Example of Employees' Psychosocial Support Day Centers in Greece.</i> Konstantinos Tsoukas, Dr Evanthia Sakellari (Greece)
	<i>The psychological impacts of content moderation on content moderators.</i> Silvia Rosado Figuerola, Jacobo Chamorro López, Ángeles Malagón Amor, Lourdes López Molina, Helga Puig Domenech (Spain).
	<i>Self-harm: Health Care Professional's experiences of Blended Care Digital Solutions.</i> Lise Bachmann Østergaard & Lene Lauge Berring (Denmark).
	<i>Trauma-Informed Care for Nurses in Forensic Mental Health Settings.</i> Deviga Karunanithi (Ireland)
	<i>Psychotherapists Lived Experience of Clients' Dissociation in Session: An Interpretive Phenomenological Analysis.</i>
	<i>Employment, Empowered: Barriers and Facilitators to Migrant Women's Participation in the Irish Labour Market.</i> Dr Shaakya Anand-Vembar , Vjollca Nerguti (Ireland).
	<i>Spotlight on Debriefing: An Approved Centre Focus to Reduce Restrictive Practices.</i> Lisa Farrell (Ireland).
	<i>Stress, trauma and family life which impact to the workplace.</i> Nika Cigoj Kuzma (Slovenia).
	<i>Clinical Supervision: a necessary tool to alleviate staff trauma in the workplace.</i> Ciaran Cuddihy (Ireland).
	<i>Implementing Trauma Informed Care in Adult Mental Health Care in Dublin North City West Adult Mental Health Services.</i> Caroline O' Connor, Laura Scully, Alison Duff, Ruth Power, Karen Murphy and Angela Noonan (Ireland)