

## What kinds of Learning Modules might be available?

The following list hasn't been finally decided yet and is flexible. We would like your views as to which ones you might find of interest.

The range of modules being considered at the moment includes:

- User Leadership and advocacy
- User Research Skills
- Community Survival Skills
- Process Recovery and Empowerment in Mental Health Care
- Web Based Personal Development Plan
- Strengths Case Management
- Crisis Resolution/Home Treatment
- Working with the Family
- Dual Diagnosis
- Recovery
- Social Network Support of Mental Health Service Users
- Suicide Prevention
- Post Traumatic Stress Intervention for Adults
- Presentation/training Skills

If you are interested in participating or require more information please contact one of the following people:

Informasjon for potensiell participating users of the EMILIA project



The overall aim of the project is to reduce **social exclusion** in people with serious mental illness and improve their opportunities for paid employment through a process of **long learning**.

To achieve this it provides a variety of learning modules free of charge to service users.

More information can be found by visiting  
[www.emiliaproject.net](http://www.emiliaproject.net)

## Why should you get involved in this project and what are the benefits for you?

1. It will hopefully be enjoyable.
2. You will learn a great deal.
3. You will hopefully make new friends.
4. The experience will increase your prospects of getting a paid job.

## What we will provide you with:

1. A set of learning modules.
2. A certificate stating your completion of the learning modules.
3. Travel expenses.
4. Learning support.
5. Opportunity to participate in a User Advisory group for the EMILIA project.
6. Opportunities for paid employment at Middlesex University, these include-teaching on our courses, offering consultancy advice on the development of new educational programmes, assisting in student selection, carrying out research and audits in our centre for Excellence in Teaching and Learning in Mental Health and Social Work (you can still complete the learning modules without taking up any of these opportunities).
7. Links to your local College of Further Education.
8. The option of academic assessment to obtain credits for learning modules (we stress this is optional).
9. Supporting you to the best of our ability through this process.

## What is required of you?

1. Attend the learning modules.
2. Take part in research interviews and questionnaires.

## You need to be:

1. Someone who has been affected by mental illness or distress to the degree that you need, or have needed, long term or repeated use of specialist mental health services.
2. Not presently in paid employment.

## You cannot take part in this project if you have been diagnosed as having:

1. Learning disabilities.
2. Dementia.

## What this project is not:

1. This project does not guarantee you will get a job-but hopefully it will help to get you various kinds of paid work sessions at the University if that is what you want and if it fits with what the University is looking for.
2. This project does not require you to be in a paid job or to search for a job of any kind.