



Training Barcelona Demo. Site



Completed training

PDP
Families
Social Network
Recovery (x 2 sessions)
Co-participation-training
professionals

Future Training: Strengths

All training programs to be repeated except PDP which will be combined with Strengths

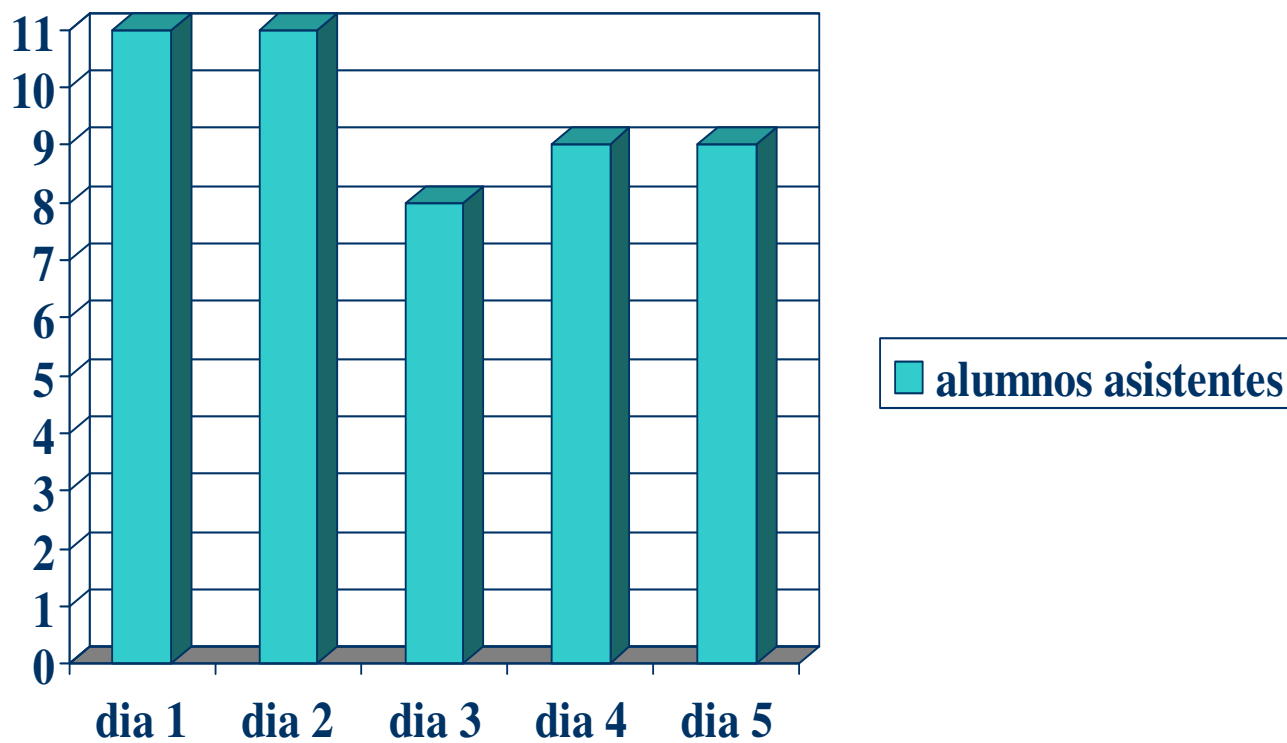
In General

- 50 hours completed
- Average Duration: 6 sessions 2hours twice weekly
- Group size: 7-15
- Survey and feedback after each class
- Each participant receives “EMILIA Certificate”
- 3 users paid to co-designed/presented module for professionals
- Recovery module co-designed user/trainer
- Accreditation at this level not available

Social Network Training Content

- Exploration of users social network
- Learning about your community
- What's available
- How to improve it
- Communication with others

Asistencia



Feedback Social Network

- Good participation
- Users realize they have knowledge that's beneficial to training
- Training helped to put user in the shoes of others
- Users liked dynamics of classes
- Lack of time to develop topics
- More bibliography needed to be given out

Families Training

- Open group
- Term length
- Once at Week
- Two hours
- Content: the training package, adapted
- 8 users and families

Feed back families

- Difficulties about mixture patient/family/relatives
- Caution about different points of view
- Occasional conflicts
- Interest about knowing more about disease, origin, doubts about recovery, fears.
- Worry about who takes care of family

Recovery Content (Co-Designed User/Professional)

- History of Psychiatric movement
- Feeling un-well
- Advantages/Disadvantages of illness
- Advantages/Disadvantages of hospitalization
- Meaning of Recovery/ Empowerment
- Stigma-discrimination
- Responsibility

Feedback Recovery

- Users enjoyed hearing other users point of view
- Articles users found very helpful
- High participation and discussion
- Difficulty in taking responsibility of illness
- More time needed for discussion

Training of Professionals (Co designed User/Professional)

- Hierarchies-levels of collaboration
- History/evolution of users within mental health institutions.
- Difficulties of integration
- Implementing the LLL methodology
- Developing the EMILIA project.

Feedback Training of Professionals

- Paradox
 - Uneasiness towards users as teacher
- Yet...
- Opinion that users should have done more
 - Disbelief in users as worker within the hospital

Linking EMILIA with our Day-Hospital

Training groups Families

Social Network

Recovery open to both EMILIA users and Day-Hospital users.

This way trainers incorporate EMILIA into “hospital hours”.
Solution to linking clinical health centre with a Learning Organization.

PDP

- No interest in computerized version
- Should be divided into smaller blocks
- Next planned training is Strengths which will review PDP

Questions

- How to training users after first training?
- ***On going:*** Accreditation; possible Recognition of Experiences?
- ***On going:*** Form a support group to work as a service provider?